

# Nevis Hillwalking Club

*Our aim is to have someone  
hillwalking every week-end*

Affiliated to Mountaineering Scotland

**Website:** [nevishillwalking.club](http://nevishillwalking.club) and on facebook

**Contacts: email:** [enquiries@nevishillwalking.club](mailto:enquiries@nevishillwalking.club)

**Secretary:** 01397 701783

**Chairman:** 01397 701975

**John (Oban):** [j.burton789@btinternet.com](mailto:j.burton789@btinternet.com)



## Meeting Places/Times

Car park at the Woollen Mill (Ben Nevis Highland Centre), junction of Glen Nevis and A82 roads, Fort William – 08:00 departure.

Alternatively, join at the following places when going:

beyond Spean Bridge – Spean Bridge Woollen Mill, 08:20;

over the Corran Ferry – Corran Ferry slip, 08:25;

to Glencoe or the A82 south – Glencoe Village car park (by mountain rescue post), 08:30;

to Kinlochleven or the Oban Road (A828) – St Brides School, North Ballachulish, 08:25.

If you want to join a walk, it is important to contact the coordinator.

## Programme Layout

The area we are going to is indicated opposite the date of the walk. The relevant OS 1:50K map number is given, with the grid reference of the starting point of the walks. Suggestions for other walks in the same area are welcome. It is club policy that each walk will include an experienced member. Walk distances and heights of ascent are estimates. *Gaelic translations are in italics.* The programmed walks and routes are flexible. Other walks and/or routes in the same area may be undertaken by some or all of the members who attend.

## Coordinators

For each outing, we have a “walk coordinator”. See the Walks Programme to find out who this is. The coordinator is not a leader, and members should not expect to be led on a club walk. We hope to encourage self-confidence and self-reliance on the hills, with experienced members helping those less experienced, if required. The onus is on members to provide relevant information to the coordinator. This will aid the organization and safety on the hill. There is a need by members for good communication (before the walk, on and off the hill and at the end of the walk), responsibility, duty of care and awareness of others.

## Checking Arrangements and Walk Details

Further information about the walks can be obtained by studying the map and referring to the many guidebooks available for our region. Information about routes, weather and avalanche conditions will be found on the web. See our website for links. To check arrangements and discuss details for any walk, please contact the coordinator. Let the coordinator know what you want to do, either before the day of the walk or at the meeting point. Members doing through routes must ensure they make their own arrangements for transport at the end of the day.

## Safety and Equipment

Remember that safety is your responsibility. Read the Code of Practice, found in the Club Handbook on our website. It contains a list of appropriate clothing and equipment that all members should have on the hill. Attention is drawn to the need for crampons and ice axe in winter. Please ensure you are fit enough on the day to complete the route you want to do, under the prevailing weather conditions.

## After the Walks

We aim to meet and socialise in a convenient inn or cafe in the area. When making suggestions for walks in future programmes, it may be easier to copy/paste descriptions in your email from websites such as [walkhighlands.co.uk](http://walkhighlands.co.uk), although different routes are also appreciated

## Walks Programme — April to June 2018

**Sunday 1<sup>st</sup> April** **Map 50, NN036488** **Loch Creran**

**Beinn Fhionnlaidh** (959m, Munro) — *Finlay's hill*

This is a long, broad and undulating ridge running between Glen Etive and Loch Creran with good views out to sea and inland towards Glencoe and Glen Etive. Park at end of public road in Glen Creran at NN036488. Follow track across River Creran to Glenure and turn NE towards the plantation. In the trees take the path right uphill and follow on above a small stream on the right. Continue up the ridge, passing the two lochans and on to the summit which is marked with a large cairn and trig point. Return via the same route.

(15km, 1000m ascent) Suggested by Ken Stevenson; coordinated by John Burton

**Saturday 7<sup>th</sup> April** **Map 51, NN504564** **Rannoch**

**Meall Buidhe** (932m, Munro) — *yellow hill*

Catch train from Fort William at 7:44am or Bridge of Orchy at 8:18am. Arrive at Rannoch station at 8:46am from where a bus will take us to Bridge of Gaur at NN504564. From here head S along track until the exit from the forest at NN491516. At some point cross river and head up SE to 912m summit of Garbh Mheall. Head S to summit of Meall Buidhe. Head WSW to col at NN487491. Head NW into valley to meet track back to start. A bus will take us back to the station for the 3:12pm train to Fort William. Train to Bridge of Orchy at 6:38pm.

*If you wish to attend this walk, then it is important to inform the coordinator as early as possible so that a suitable bus can be booked.* The bus fare is very reasonable.

(11km, 1000m ascent) Suggested by Gavin Theobald; coordinated by Suzanne Theobald

**Sunday 15<sup>th</sup> April** **Map 40 & 41, NM959794** **Loch Eil**

**Gulvain / Gaor Bheinn** (987m, Munro) — *noisy hill*

Follow the track up the east side of the Fionn Lìghe river, which crosses the river after about two km. Continue on the track for about another four km, and cross the Allt a' Choire Reidh. Then ascend the south ridge of the hill to a craggy knoll at 855m, and carry on past the trig point. From here head NNE, dropping 60m to a saddle, and then climb the narrowing ridge to the summit. Return by the same route.

(23km, 1350m ascent) Suggested by Robert Paterson; coordinated by Toril Frantzen

**Wednesday 18<sup>th</sup> April** **Map 41** **Fort William**

**Cow Hill** (298m)

More details to follow.

Suggested by Gerry Gilbert; coordinated by Clare McCabe

**Saturday 21<sup>st</sup> April** **Map 32, NG627220** **Broadford, Skye**

**Beinn na Caillich** (732m, Graham) — *hill of the old woman*

**Beinn Dearg Mhor** (709m, Graham) — *big red hill*

Take the path from the B8083 which leads to Coire-chat-achan, then head NW up the steep hillside to the summit of Beinn na Caillich. Follow the ridge west to Beinn Dearg Mhor and continue S around Coire Gorm to Beinn Dearg Bheag. Descend the E ridge, cross the Allt Beinn Deirge and return to Coire-chat-achan and the path back to the road.

(11km, 1000m ascent) Suggested and coordinated by Andrew Gilbert

**Sunday 29<sup>th</sup> April** **Map 36, NH989061** **Cairngorms**

**Ben Macdui / Beinn Macduibh** (1309m, Munro) — *MacDuff's hill*

**Cairn Gorm** (1245m, Munro) — *blue peak*

**Beinn Mheadhoin** (1183m, Munro) — *middle hill*

Route to be decided on the day.

Suggested by John Burton; coordinated by Gerry Gilbert

**Saturday 5<sup>th</sup> May** **Map 50, NN344291** **Tyndrum**

**Beinn Oss** (1029m, Munro) — *elk hill, or hill or the loch outlet*

[ **Beinn Dubhchraig** (978m, Munro) — *hill of the black rock* ]

Could be some difficult stream crossings and boggy ground on this route – so come prepared. Take the track that crosses the West Highland Way, the bridge over River Fillan and then the railway. Follow a very boggy track along Allt Gleann Auchreoch and look for a suitable place to cross (a footbridge is under construction – July 2017). Once across you are in a pinewood known as Coille Coire-Chuilc – follow Allt Coire Dubhchraig (boggy again). Continue up to join the NW ridge of Beinn Dubhchraig. Optionally, climb this and return or, turn right to Bealach Buidhe. Head W to the 941 top then on to Ben Oss. Return via the outward route or, from the 941 top head NW down steep and bouldery ground and cross two more streams to join the track to Cononish and back to Dalrigh.

(17–19km, 1150m ascent) Suggested by Ken Stevenson & Chris Tracey; coordinated by Chris Tracey

**Saturday 5<sup>th</sup> – 12<sup>th</sup> May** **Map 33** **Knoydart**

Week away

**Sunday 13<sup>th</sup> May** **Map 41, NN253806** **Spean Bridge**

**Stob Choire Claurigh** (1177m, Munro) — *peak of the corrie of clamouring or bellowing*

**Stob Coire an Laoigh** (1116m, Munro) — *peak of the corrie of the calf or fawn*

If possible drive up the rough track south from Corriechoille and park near the old tramway. Otherwise walk up from the parking by the river Spean at NN253806. Follow the track through the trees and shortly after emerging into open ground, head right up the slopes of Ruigh na Gualainn, over Stob Coire Gaibhre (958m) and then up the north ridge of Stob Choire Claurigh. The ridge then undulates southwestwards over several more summits to Stob Coire an Laoigh and finally Stob Coire Easain (1080m). From here the descent is northwards down Beinn na Socaich (1007m) and down into Coire Chiomlich, crossing the river above the tree line. A track leads down from the small dam to the line of the old tramway which can be followed Northeastwards back to the start.

(16km, 1300m ascent) Suggested by Chris Tracey; coordinated by Clare McCabe

**Wednesday 16<sup>th</sup> May** **Fort William**

Planning meeting at Gavin and Suzanne's house, 7:30pm. More details to follow.

**Saturday 19<sup>th</sup> May** **Map 56, NN320044** **Loch Lomond**

**Ben Lomond** (974m, Munro) — *probably beacon hill*

*Important: Ferry leaves Tarbet pier at 8:45am. This needs to be booked in advance. Price is £13 return.*

<http://www.cruiselochlomond.co.uk/tarbet-rowardennan-ferry>

Arrive at Rowardennan pier at 9:30am. Head N along the West Highland Way and turn off right after crossing the river at NS360994. Follow the obvious path first NNE and then NNW up to and over Ptarmigan. Follow the ridge around to the right until the final rise SE up to the summit of Ben Lomond. Now follow path first ESE then SSE down ridge. Finally head SW down the path back to the WHW. The start point is now about 600m further N. *The return ferry is at 16:45pm. Don't miss it!*

(11km, 1000m ascent) Suggested by Gavin Theobald; coordinated by Suzanne Theobald

**Sunday 27<sup>th</sup> May** **Map 42, NN432830** **Loch Laggan**

**Geal Charn** (1049m, Munro) — *white peak*

**Creag Pitridh** (924m, Munro) — *Pitrie's crag*

Cross the River Spean and follow the track. Take the left fork leading up to the Allt Coire Pitridh and then turn north on the stalkers path before striking uphill to the northeast to the summit of Gael Charn. Return to the coll between Gael Charn and Creag Pitridh where a path leads up the south-western side of Creag Pitridh to the summit. From the summit cairn head W then SW, picking up the path leading down the grassy slope to the Allt Coire Pitridh and back to the start.

(19km, 900m ascent) Suggested by Gavin Theobald; coordinated by Andrew Gilbert

**An Sgurr** (394m) — *the peak*

Day out to Eigg. No set route, but the Sgurr is recommended. More details to follow.

Calmac ferry departs Mallaig at 10:15am, arrives Eigg at 11:30am, departs Eigg at 16:10pm, arrives Mallaig at 17:40pm. Price is £8 return. (Note that it is possible to get to and from Mallaig by train).

Suggested by Gavin Theobald; coordinated by Suzanne Theobald

**Saturday 2<sup>nd</sup> June****Map 34, NH144103****Claunie****Carn Ghluasaid** (957m, Munro) — *peak of movement***Sgurr nan Conbhairean** (1109m, Munro) — *peak of the hound keepers***Sail Chaorainn** (1002m, Munro) — *hill of the rowan tree*

Start at the rough parking area on the south side of the A87 at Lundie NH144103.

Cross the A87 road and pick up the Old Military road. Beyond the mast take hill path up onto the west ridge of Carn Ghluasaid. The wee cairn is the top but the other cairn has the better view (apparently). The walk continues around the impressive cliffs of the corrie before ascending steeply to the summit dome of Sgurr nan Conbhairean. The path for Sail Chaorainn continues above the cliffs and then follows a well-defined ridge northwards to the summit of this optional third Munro.

Return by the same route to Sgurr nan Conbhairean but bypass the top on a path to the west. Descend its southwest ridge which narrows to a fine arête. Once over Drochaid an Tuill Easaich continue down its south ridge to Meall Breac. Continue to descend southeast and then east aiming to cross the Allt Coire nan Clach above its ravine to pick up a faint path on the east side. The path eventually rejoins the Old Military road.

(18km, 1300m ascent) Suggested and coordinated by Chris Tracey

**Sunday 10<sup>th</sup> June****Map 41, NN167691****Glen Nevis, Ring of Steall****An Gearanach** (981m, Munro) — *the complainer***Stob Coire a' Chairn** (981m, Munro) — *peak of the corrie of the cairn***Am Bodach** (1032m, Munro) — *the old man***Sgurr a' Mhaim** (1099m, Munro) — *peak of the large rounded hill*

After passing through the Nevis Gorge and entering the Steall meadows, cross the wire bridge over the Water of Nevis, and negotiate the Allt Coire a'Mhail. Join the somewhat eroded path on to An Gearanach, carry on over An Garbhanach (some exposure) to Stob Coire a'Chairn. Then go west, then SW to Am Bodach and west to Sgor an Iubhair. NNW is then your next direction to Stob Coire a'Mhail over the Devil's Ridge, followed by your last Munro, Sgurr a'Mhaim. Descend the NW ridge to cross the river by the wooden bridge at NN158685 and the road back to the start.

(14km, 1700m ascent) Suggested by Gavin Theobald; coordinated by Ken Stevenson

**Saturday 16<sup>th</sup> June****Map 25, NH218316****Cannich****An Socach** (1069m, Munro) — *the snout***An Riabhachan** (1129m, Munro) — *the brindled greyish one***Sgurr na Lapaich** (1151m, Munro) — *peak of the bogland***Carn nan Gobhar** (993m, Munro) — *peak of the goats*

Four possible Munros. Hopefully, a boat will have been hired (details to follow) to take you from the dam on Loch Mullardoch to Benula Lodge. From here, go west on a stalkers' path towards Coire Mhaim and climb the SE ridge of An Socach. You are now on the main range of hills between Glen Strathfarrar and Glen Cannich. Head east over the west and SW tops of An Riabhachan, over the summit to the east top, where there is a steep rocky face above Loch Beag and Loch Mor. Continue over the col to Sgurr na Lapaich and then Carn na Gobhar, the final Munro. Descend the south ridge over Mullach na Maoile to the loch side and back to the dam.

Without a boat means an extra walk of 8.5km with 220m ascent along the north shore of the loch on a fairly good path.

(20km, 1800m ascent) Suggested by Robert Paterson and Fiona Wild, coordinated by Liz Stevenson

**Wednesday 20<sup>th</sup> June**

**Map 41**

**Ballachulish**

**An Meall** (414m) — *the hill*

More details to follow.

Coordinated by Suzanne Theobald

**Sunday 24<sup>th</sup> June**

**Map 33/40, NG987915**

**Loch Arkaig**

**Sgurr Mor** (1003m, Munro) — *big peak*

[ **Sgurr an Fhuarain** (901m, Corbett) — *peak of the spring* ]

This hill is situated in very remote country. From the car park near Strachan, take the track to Glendessarry and then go north on the path to the high point. The path goes NE, so leave the path to go north into Glen Kingie and cross the river (not always easy). Join the path on the north side of the river and take it west and then NNE on to the SW ridge of Sgurr Beag. Continue over Sgurr Beag, then down steeply to the col and up steeply to the summit of Sgurr Mor. To return, continue east on the path and then SE to the col below Sgurr an Fhuarain, which may be climbed from here. Descend steeply on grassy slopes to cross the river Kingie and rejoin the outward route.

(22km, 1300m ascent) Suggested by Anne Scoular & John Burton; coordinator: Andrew Gilbert

**Saturday 30<sup>th</sup> June**

**Map 51, NN666483**

**Glen Lyon**

**Carn Gorm** (1029m, Munro) — *blue peak*

**Meall Garbh** (968m, Munro) — *rough hill*

**Carn Mairg** (1042m, Munro) — *probably peak of rust*

**Meall na Aighean** (981m, Munro) — *hill of the heifers, or hinds*

Invervar is the starting point. Take the track north, then NW. The summit of Carn Gorm is about three km west up a broad ridge. Meall Garbh is reached by going north to (or by) An Sgorr, over a col and following a line of fence posts. Continue roughly east along the ridge, still following the fence posts, reaching the summit of Carn Mairg after a short, narrow and bouldery section. Descend carefully SE down a steep slope over a small crag, after which it is easy to the next col. From there climb south to the level summit ridge of Meall na Aighean. To return, go west onto the easy-angled ridge to join the track to the start.

(17km, 1500m ascent) Suggested and coordinated by Chris Tracey

**Sunday 8<sup>th</sup> July**

**Map 41, NN119565**

**Glen Coe**

**Sgurr na h-Ulaidh** (994m, Munro) — *peak of the treasure*

Start from the car park on the bend of the A82 at NN119565. Cross the stile opposite and head S across the fairly flat and usually boggy ground to a bridge hidden in the trees at NN119<sup>09</sup>557<sup>91</sup>. Continue S to reach the foot of the steep N ridge of Aonach Dubh a'Ghlinne to the E of the rocky crags forming its spine, at NN121<sup>60</sup>548<sup>24</sup>. Climb the grassy slope, trending right towards the crest of the ridge until the way is barred by rocky slab-sided rib. Pass below this and continue climbing up the steep grass on its W side to reach a prominent ledge at NN119<sup>77</sup>547<sup>33</sup>. Follow the ledge rightwards a short distance to reach more grassy slopes leading up to the crest of the ridge. Follow the ridge, zig-zagging as necessary to avoid rocky outcrops, to the summit of Aonach Dubh a'Ghlinne, 845m. Still going S, descend a short drop and climb the steep slope to the summit of Stob an Fhuarain, 968m. From here the ridge leads SW to the summit of Sgurr na h-Ulaidh, 994m. Descend W on to the spur of Corr na Beinne, then turn N down rocky slopes to the bealach at NN104524. Head NE to pick up the path by the Allt na Muidhe and return to the start.

(12km, 1150m ascent) Suggested by Gerry Gilbert; coordinated by Andrew Gilbert



# Nevis Hillwalking Club

## Spring Programme

Date	Mountains	Category	Area	Map	Coordinator
Sun 1 <sup>st</sup> Apr	<b>Beinn Fhionnlaidh</b>	M	Loch Creran	50	John Burton
Sat 7 <sup>th</sup> Apr	<b>Meall Buidhe</b>	M	Rannoch	51	Suzanne Theobald
Sun 15 <sup>th</sup> Apr	<b>Gulvain</b>	M	Loch Eil	40/41	Toril Frantzen
Wed 18 <sup>th</sup> Apr	<i>Cow Hill</i>		Fort William	41	Clare McCabe
Sat 21 <sup>st</sup> Apr	<b>Beinn na Caillich</b> <b>Beinn Dearg Mhor</b>	G G	Broadford, Skye	32	Andrew Gilbert
Sun 29 <sup>th</sup> Apr	<b>Ben Macdui</b> <b>Cairn Gorm</b> <b>Beinn Mheadhoin</b>	M M M	Cairngorms	36	Gerry Gilbert
Sat 5 <sup>th</sup> May	<b>Beinn Oss</b> <b>[ Beinn Dubhcraig ]</b>	M M	Tyndrum	50	Chris Tracey
5 <sup>th</sup> – 12 <sup>th</sup> May	<i>Week away</i>		Knoydart	33	Suzanne Theobald
Sun 13 <sup>th</sup> May	<b>Stob Choire Claurigh</b> <b>Stob Coire an Laoigh</b>	M M	Spean Bridge	41	Clare McCabe
Wed 16 <sup>th</sup> May	<i>Planning evening</i>		Fort William		Suzanne Theobald
Sat 19 <sup>th</sup> May	<b>Ben Lomond</b>	M M	Loch Lomond	56	Suzanne Theobald
Sun 27 <sup>th</sup> May	<b>Creag Pitridh</b> <b>Geal Charn</b>	M M	Loch Laggan	42	Andrew Gilbert
Mon 28 <sup>th</sup> May	<i>Isle of Eigg</i>		Mallaig	39	Suzanne Theobald
Sat 2 <sup>nd</sup> June	<b>Carn Ghluasaid</b> <b>Sgurr nan Conbhairean</b> <b>Sail Chaorainn</b>	M M M	Claunie	34	Chris Tracey
Sun 10 <sup>th</sup> June	<b>An Gearanach</b> <b>Stob Choire a' Chairn</b> <b>Am Bodach</b> <b>Sgurr a' Mhaim</b>	M M M M	Glen Nevis	41	Ken Stevenson
Sat 16 <sup>th</sup> June	<b>An Socach</b> <b>An Riabhachan</b> <b>Sgurr na Lapaich</b> <b>Carn nan Gobhar</b>	M M M M	Cannich	25	Liz Stevenson
Wed 20 <sup>th</sup> June	<i>An Meall</i>		Ballachulish	41	Suzanne Theobald
Sun 24 <sup>th</sup> June	<b>Sgurr Mor</b> <b>[ Sgurr an Fhuarain ]</b>	M C	Loch Arkaig	33/40	Andrew Gilbert
Sat 30 <sup>th</sup> June	<b>Carn Gorm</b> <b>Meall Garbh</b> <b>Carn Mairg</b> <b>Meall na Aighean</b>	M M M M	Glen Lyon	51	Chris Tracey
Sun 8 <sup>th</sup> July	<b>Sgurr na h-Ulaidh</b>	M	Glen Coe	41	Andrew Gilbert

M — Munro    C — Corbett    G — Graham    T — Top

**Website:** nevishillwalking.club and on facebook  
**Contacts:** email: [enquiries@nevishillwalking.club](mailto:enquiries@nevishillwalking.club)  
**Secretary:** 01397 701783  
**Chairman:** 01397 701975  
**John (Oban):** [j.burton789@btinternet.com](mailto:j.burton789@btinternet.com)

